

Hi Basil, it's almost lunchtime. What have you got there?

Is that your magic lunchbox? I've got a story to tell you about a magic lunchbox, and you guys might like to hear it too.

Let's see what happens.

When Grandma came to visit, a fun time was assured.
With such a lively lady around, we were never ever bored.

This time Grandma brought us something really clever and cool.
A very special lunchbox to help us choose good food for school.

She placed the pea-green lunchbox in front of Sprint and I.
"It's magic," she said, with a twinkle in her eye.

"The lunchbox knows what's healthy - the lunchbox never lies."
"Put in what you think is good, and you'll get a big surprise."

"Mango, you go first," said Sprint, looking most suspicious.
"Put this chocolate muffin in - it really is delicious."

With a JUGGLE and a ZAP and a POP and a SQUEAK...
Suddenly, the lunchbox began to speak!

"Delicious this may look, tasty it may be,
but food like this is just no good for growing kids, you see."
Right before our very eyes, the muffin got the toss,
Sprint and I just stood and stared. Our little lunch was lost.

Next we tried a sandwich, some orange and a pikelet.
The lunchbox kept it this time, it really must have liked it.

Fruit bars were flung. Chips... they got slung. Soft drink went splat... and hit the poor cat.
Kiwi fruit was kept and capsicum stayed in. Ricecakes they all made it... but the doughnuts
hit the bin.

Crackers, cheese and water it decided it would keep,
while chocolate and packaged things firmly hit the heap.
At last when it was finished, the lunchbox looked content.

As for all the healthy food... we didn't know where it went!
Just then, the lunchbox flipped its lid and showed itself with pride...
This, my friends, is the magic made... when you put good food inside.

And that's the end of the story.

Did you enjoy it? I know Basil did.

What would you put in your magic lunchbox?

We'll see you next time.