



Munch & Move Fundamental Movement Skill poster templates - Educator Resource

Early childhood education and care (ECEC) services are ideal settings to promote children's development of the fundamental movement skills (FMS). Children do not naturally learn how to correctly perform the FMS so it is essential that they are exposed to frequent, supported opportunities to explore, practice and develop these skills.

These *Munch & Move* FMS poster templates have been developed to support FMS development in children. The templates are a great way to personalise and record children's FMS progress.

Ideas to use the FMS poster templates

- Include in observational documents e.g. daily diaries, children's portfolios and yearly reports
- Include in FMS displays at the service
- Include in the service daybook for families to view
- Include in the service newsletters or other correspondence sent to families
- Get the educators involved and attach their photos on the templates too!

The posters consist of [13 templates](#) (1 for each FMS) and are based on the [FMS posters](#). They display the prompts to perform these skills correctly and spaces to insert photos of the children performing these skills (the image will automatically fit to the size of the space). The ECEC service name or child's name can also be typed in the space indicated (see sample poster below).

