



# Munch & Move Resources Order Form

Email: [MOH-PopulationHealthResources@health.nsw.gov.au](mailto:MOH-PopulationHealthResources@health.nsw.gov.au)

Munch & Move is undergoing a program refresh!

We're making some exciting updates to the Munch & Move program. Stock may be limited for now but everything you need is still available on the Munch & Move website for local printing.

Thank you for supporting Munch & Move.

<b>Business Name</b> (All fields required)		<b>Ph:</b> (Cannot be 1300 or 1800 number)	
<b>First name</b>		<b>Last name</b>	
<b>Position</b>			
<b>Address</b>			
<b>Suburb</b>		<b>Postcode</b>	
<b>Email address</b>			
<b>Note: Delivery address must be within NSW and cannot be a PO Box.</b> <b>Please allow 3 weeks for order to be despatched</b>			
<b>RESOURCE</b>	<b>Product Code</b>	<b>MAX ORDER QUANTITY</b>	<b>QUANTITY</b>
MUNCH & MOVE- Key Message Poster	POH170283	0	Currently out of printed stock and available as <a href="#">digital resources</a>
How Munch & Move aligns with the NQF	POH180097	0	
<b>Fundamental Movement Skills (FMS):</b>			
FMS cards <u>with</u> lanyard	POHFMS-CARDS/LAN	1 per service	
Munch & Move Fun Moves DVD – teaching fundamental movement skills in the early years	POHMMDVD	1 per service	
24 Hour Movement Guidelines Early Years (Munch & Move Use)	POH24HRMM	10 per service	
MUNCH & MOVE - Physical Activity for Babies and Toddlers	POH150113	0	Currently out of printed stock and available as <a href="#">digital resources</a>
FMS in Action: FMS for 3 – 5 year olds	POH150112	0	
FMS with Franky and Friends	POH190034	0	
<b>Breastfeeding Poster:</b>			
Munch & Move Breastfeeding Poster	POH230301	2 per service	
<b>Educator Resources:</b>			
Family Day Care Educator USB	POHFDCUSB	1 per service	
Jack's FUNtastic Day Teacher Resource	POHJFUN-TEACH	0	Currently out of printed stock and available as <a href="#">digital resources</a>
Jack's FUNtastic Day Educator Resource	POHJFUN-EDUC	0	
Jack's FUNtastic Day Activity Card Sets x 22 Kinds	POHJFUN-CARDS	0	
Healthy Children Jacks FUNtastic Day Storybook A3	POHJFUN-A3B	0	
<b>Healthy Eating:</b>			
ADG – Pie Chart Poster – Australian Guide to Healthy Eating	POHN55P	1 per service	
ADG – Healthy Eating for Children	POHN55F	10 per service	
Eat for Health: Dietary guidelines for all Australians - A2 POSTER	POHN55J	1 per service	
Eat for Health: Dietary guidelines for all Australians (Indigenous) – A2 POSTER	POHN55K	1 per service	
<b>PRACTICAL RESOURCES AVAILABLE ONLINE ONLY</b>			
<b>Munch &amp; Move Music Playlist</b> Stream now on Youtube: <a href="https://www.youtube.com/playlist?list=PLpXDJ5In7QhRygkcwvxSzpDu6uJ_Bjnd3">https://www.youtube.com/playlist?list=PLpXDJ5In7QhRygkcwvxSzpDu6uJ_Bjnd3</a> Download the Munch & Move playlist, individual songs and the Munch & Move Song Book at: <a href="https://www.healthykids.nsw.gov.au/campaigns-programs/munch-move-resources/music.aspx">https://www.healthykids.nsw.gov.au/campaigns-programs/munch-move-resources/music.aspx</a>			