



Munch & Move Resources Order Form 2023-24

Email: MOH-PopulationHealthResources@health.nsw.gov.au

(All fields required)

Business Name			Ph: (Cannot be 1300 or 1800 number)
First name		Last name	
Position			
Address			
Suburb		Postcode	
Email address			

Note: Delivery address must be within NSW and cannot be a PO Box.

Please allow 3 weeks for order to be despatched

RESOURCE	SHPN	MAX ORDER QUANTITY	QUANTITY
MUNCH & MOVE- Key Message Poster	170283	2 per service	Available from Jan 2024
How Munch & Move aligns with the NQF	180097	10 per service	
Fundamental Movement Skills (FMS):			
MUNCH & MOVE - Physical Activity for Babies and Toddlers	150113	1 per service	Available from Jan 2024
FMS cards with lanyard	FMS-CARDS/LAN	1 per service	
FMS in Action: FMS for 3 – 5 year olds	150112	1 per service	
FMS with Franky and Friends	190034	1 per service	
Munch & Move Fun Moves DVD – teaching fundamental movement skills in the early years	MMDVD	1 per service	
24 Hour Movement Guidelines Early Years (Munch & Move Use)	24HRMM	10 per service	
Breastfeeding Poster:			
Munch & Move Breastfeeding Poster	230301	2 per service	
Educator Resources:			
Jack's FUNtastic Day Teacher Resource	JFUN-TEACH	1 per service	
Jack's FUNtastic Day Educator Resource	JFUN-EDUC	1 per service	Available from Jan 2024
Jack's FUNtastic Day Activity Card Sets x 22 Kinds	JFUN-CARDS	1 per service	
Healthy Children Jacks FUNtastic Day Storybook A3	JFUN-A3B	1 per service	
Family Day Care Educator USB	FDCUSB	1 per educator	
Healthy Eating:			
ADG – Pie Chart Poster – Australian Guide to Healthy Eating	N55P	1 per service	
ADG – Healthy Eating for Children	N55F	10 per service	
Eat for Health: Dietary guidelines for all Australians - A2 POSTER	N55J	1 per service	
Eat for Health: Dietary guidelines for all Australians (Indigenous) – A2 POSTER	N55K	1 per service	

Munch & Move Music Playlists

Munch & Move Music Playlist

Stream now on Youtube: https://www.youtube.com/playlist?list=PLpXDJ5In7QhRygcwvxSzpDu6uJ_Bjnd3

Download the Munch & Move playlist, individual songs and the Munch & Move Song Book at:

<https://www.healthykids.nsw.gov.au/campaigns-programs/munch-move-resources/music.aspx>